



Department of Family, Nutrition & Exercise Sciences

MAJOR: FNES/FCS Specialization: Food and Nutrition

The **mission** of the Food and Nutrition specialization is to impart an understanding of the scientific principles of nutrition, food preparation and the social sciences and to educate the student for food service management careers in schools, corporations, hospitals and nursing homes.

The **goals** of the Food and Nutrition specialization are to:

1. impart basic nutrition and food service knowledge.
2. develop students' ability to solve problems and think critically in areas of food service management to prepare them for possible employment in schools, corporations, hospitals and nursing homes.

This track does not prepare the student to become a Registered Dietitian (RD).

FAMILY AND CONSUMER SCIENCES REQUIREMENTS

Introduction to Family and consumer Sciences	FNES 106	3 cr.
Family Relations	FNES 147	3 cr.
Family as Consumers	FNES 151*	3 cr.
Seminar in Family and Consumer Sciences (prereq. FNES 06 & 18 crs. in FCS)	FNES 380 (F)	3 cr.

FOOD AND NURITION CORE

Science of Foods	FNES 101	3 cr.
Social, Cultural & Economic Aspects of Food	FNES 104 (F)	3 cr.
Meal Planning & Meal Management (prereq. FNES 101)	FNES 203	3 cr.
Nutrition I (prereq. Chem 159)	FNES 263	3 cr.
Nutrition II (prereq. FNES 263)	FNES 264	3 cr.
Institutional Management (prereq. FNES 101)	FNES 275 (S)	3 cr.
Quantity Food Purchasing, Production & Equipment (prereq. FNES 203 & 275)	FNES 378	3 cr.

SCIENCE REQUIREMENTS

General Biology	Biology* 11 or 108 or 20 or 22	4 cr.
Basic Chemistry	Chemistry* 19 or 113 & 114	4 cr.
Organic Chemistry	Chemistry* 159 or 251 & 252	4 cr.

*These courses fulfill LASAR (Liberal Arts and Science Requirements).

S = Spring course only. F = Fall course only.

A grade of C or higher must be obtained in all courses listed on this sheet. A Student may not repeat a major course more than once beyond the initial enrollment in the course.